

WELCOME
TO INSA LYON
2022-2023



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Lyon, 2nd best
Student City
in 2021-2022*

* L'Etudiant
Magazine

WELCOME TO **INSA Lyon**



Dear New Students

Welcome to each of you to INSA Lyon and congratulations for enrolling in one of our study programmes! INSA Lyon is one of France's best Engineering Schools and we are proud to host more than 1,700 international students every year - a point that was recognized in the last 2021 QS World University Ranking*

This handbook is made to give you a proper overview of your new environment in order to facilitate your arrival and your everyday life.

As you progress through your new adventure, take advantage of the many services available to help you achieve your full potential.

The Registrar's Office, the International Relations Office and the Academic Advisors in the Departments are your contact points to support your academic and personal goals.

Your safety is, and always will be, our school's greatest concern. Do not hesitate to contact the health and medical staff on campus if needed.

You have probably heard that we have a very active campus life, and it's true! Our Student Union is the biggest in France so I encourage you to get involved in one of the 130 INSA associations, and take part in the many activities and events offered on campus throughout the year.

Again, welcome to INSA Lyon and we look forward to you having a wonderful INSA Lyon experience!

Pr. Damien Fabregue
Vice-President for International Development

#541 sur 1600 institutions (top 34%)

1 | STUDYING AT INSA LYON





INSA LYON: AN INTERNATIONAL CENTRE FOR EDUCATION AND RESEARCH



ABOUT INSA LYON

INSA Lyon was founded in 1957 and is part of the INSA Group. Approximately 10% of all French engineers graduate from INSA each year. INSA Lyon is a leading European Institute of Technology—an Engineering School and a dynamic centre for scientific research, where highly qualified engineers, whose skills meet industry needs, are trained.

INSA Lyon is located on the Lyon Tech Campus in La Doua, 15 minutes away from the centre of Lyon, the capital city of the Auvergne-Rhône-Alpes region. INSA Lyon's success is linked to the training it provides. The latter is structured so as to foster students' personal development throughout their engineering studies. INSA Lyon offers on-campus accommodations, a wide choice of student associations and excellent athletic facilities. Special programmes have been established for students who want to combine their engineering studies with national or international athletic careers or artistic activities.

INTERNATIONAL SCOPE

Since its creation, INSA Lyon has made a point of training engineers and doctors for international careers. In 2015, international mobility became mandatory for engineering students. Students can either study abroad at another university or complete a global internship.

In order to graduate from INSA Lyon, students must speak at least two languages. French-speaking students must be fluent in English and learn a second foreign language; non-French speakers must be fluent in French as a foreign language and English. To help students prepare for their stay abroad, 10 foreign language courses are available to them. Lyon is a multicultural campus, with more than 90 nationalities represented among 6,300 students. Twenty-eight (28%) of INSA Lyon's students come from other countries. They live side-by-side with both French and international students.

• INTEGRATED 5-YEAR MASTER'S PROGRAMMES

The general curriculum at INSA Lyon takes 5 years to complete, and students are admitted through a selective process for:

- a two-year **Core Foundation Engineering Programme** (general scientific and technical education), including 4 international sections: Eurinsa, Asinsa, Amerinsa and Scan
- a three-year course of study (**Master's Degree**) in one of 9 fields of study, referred to as departments:
 - Biosciences [BS]
 - Civil Engineering and Urban Planning [GCU]
 - Electrical Engineering [GE]
 - Energy and Environmental Engineering [GEN]
 - Industrial Engineering [GI]
 - Information Technology [IF]
 - Mechanical Engineering [GM]
 - Materials Science and Engineering [SGM]
 - Telecommunications [TC]

• CORE FOUNDATION ENGINEERING PROGRAMME : INTERNATIONAL SECTIONS

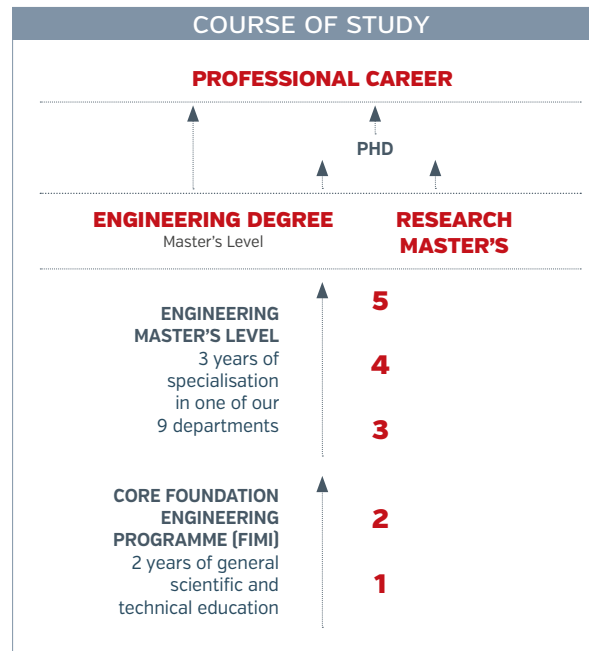
The INSA core foundation engineering programme is 2 years of training that aims to prepare students for the Master's Degree, with high-level courses in Mathematics and Computer Science, Physics, Chemistry and Physical Chemistry, Mechanics, Construction, Manufacturing and Human Sciences. There are 7 training sections, 3 of which are geographically oriented:

- **EURINSA** with students from France and additional European countries
> 100 new registrations each year.
- **ASINSA** with students from both France and Asia,
> 75 new registrations each year
- **AMERINSA** with students from both France and Latin America
> 75 new registrations each year

An English-only section:

SCAN > 75 new registrations each year.

📄 <https://www.insa-lyon.fr/en/cycle-formation/preparatory-level>



ADMISSION AT THE BACHELOR'S LEVEL

International students may apply to INSA Lyon as regular students (degree-seeking students) or as students under exchange agreements. There are two different registration processes depending on whether students choose one status or the other. Regular student status requires students to meet admission qualifications and French language requirements.

➤ <https://www.insa-lyon.fr/en/cycle-formation/master-s-degree>

PHD PROGRAMME

The PhD is a professional research degree, awarding successful students the title of Doctor. Research conducted by the student is supervised by the PhD supervisor in a research laboratory, which is part of a doctoral school. The PhD student, his/her supervisor, possible co-supervisors, the management of the host research laboratory and the management of the doctoral school mutually commit to the degree by signing the PhD charter.

The PhD candidate defends a thesis, which validates the scientific work achieved and the knowledge acquired.

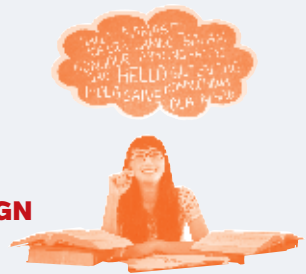
➤ <https://www.insa-lyon.fr/en/phd-studies>

RESEARCH

Research at INSA Lyon is conducted through 23 specialised laboratories and supported by nearly 600 PhD students and 700 instructors and researchers. INSA Lyon's research activities fall within one of five main categories:

- **Digital Society and Information**
- **Energy for Sustainable Development**
- **Environment: Natural, Industrial and Urban Environments**
- **Global Health and Bioengineering**
- **Transport: Structures, Infrastructures and Mobilities**

INSA Lyon uses the latest technology and is actively involved in joint projects with national research institutions (such as the CNRS, INRIA and INSERM), 7 international companies and the following corporations: EDF-GDF, Orange, Acatel, etc.



• A DEPARTMENT OF FRENCH AS A FOREIGN LANGUAGE (FLE)

INSA Lyon offers international students a golden opportunity to attend courses in French as a Foreign Language all year round. Initiated by the State, the FLE certification recognizes language centres whose language instruction and services provide the assurance of quality. International students can take advantage of FLE courses through:

The French Summer School

- For preparatory level students (international sections): five-week course
- Mandatory for double-degree students
- Exchange and double degree students: three-week course
- Both assign 4 ECTS.
- Cost: about €600 for double-degree and exchange students, includes housing and meals until August 31st.

➤ ecole-ete.insa-lyon.fr

The French Winter School

- Two-week course (40 hours), 2 ECTS
- International students can also attend extensive French-language courses throughout the academic year: on average 2 hours per week. Other French lessons are available upon request for same level groups: standard French or French applied to specific contexts. French lessons are free of charge for international students.

Why you should attend FLE courses and schools:

- To improve your French language skills
- To enhance your knowledge about French culture and society
- To learn how to adapt to a new environment and be at ease in daily social life
- To prepare yourself and get ready for studies at INSA Lyon

➤ fle.insa-lyon.fr/fr/
www.qualitefle.fr/en-servfran@insa-lyon.fr



2020-2021 KEY FIGURES



CHARACTERISTICS

STUDENTS

1,383

graduates (including 1,133 engineering degrees, 135 PhDs and 103 Master's Degrees)



STAFF



683

administrative and technical staff members



729

teacher-researchers and researchers

CAMPUS



134,000 m²
surface area

11
student residences

1
library

4
restaurants

INTERNATIONAL

200

partner universities



28%

of the student body comprised of international students; approximately 92 nationalities represented on campus

40

double-degree agreements in 16 countries

International mobility is mandatory for permanent students

110
student clubs and associations

1 large concert hall

Extensive athletic facilities: stadium, gymnasium, swimming pool, etc.

RESEARCH

23

research centres



8

doctoral schools

571

PhD students



135

doctors



INSA LYON AND INDUSTRY

INSA Lyon offers lifelong learning courses through 8 specialised Master's programmes (Mastères Spécialisés). INSAVALOR is the subsidiary working on research and development, technology transfer and training for INSA Lyon. It promotes relations between laboratories and companies seeking technological solutions, skills and training for their innovative projects.

<https://www.insavalor.fr/>

*Industries et Technologies 2018



THE EUROPEAN CREDIT TRANSFER SYSTEM (ECTS)



The ECTS credit system was developed by the European Commission to establish a common process for syllabus presentation in order to facilitate the accreditation of foreign courses.

It was designed to help European institutions measure and compare students' learning achievements and easily transfer coursework from one European institution to another.

EDUCATION

The training offer is available in the Education Catalogue, on INSA Lyon's website:

➤ <https://www.insa-lyon.fr/en/education>

The content of courses and their ECTS credits can be found on:

➤ <https://www.insa-lyon.fr/en/formation/offre-de-formation>

Exchange students are invited to select their courses on:

➤ <https://exchange-student.insa-lyon.fr>

THE LEARNING AGREEMENT

The purpose of the learning agreement is to transparently and efficiently help students prepare their stay abroad and ensure that students receive recognition for activities successfully completed abroad. It establishes the programme of studies and the learning outcomes the student is expected to acquire. The learning agreement is always modified on arrival in agreement with your Academic Advisor at INSA, it is compulsory to finalise and sign it 1 month maximum after arrival.

The home institution is committed to giving full academic recognition for the credits earned, and INSA Lyon provides the necessary course units.

INTERNSHIPS

Each student's internship must appear in the initial learning agreement. The selection committee must accept the application for a one-year exchange period. Internship will take place during the second semester.

The student, INSA Lyon and the company welcoming the student for an internship must sign a three-party internship agreement. For more information, students should contact the international academic advisor of their main department (field of study).

STUDY RULES

All students must respect the INSA Lyon study rules and the specific rules of their study department.



ACADEMIC TRANSCRIPT

The academic transcript is an inventory of the student's academic achievement, which can easily be transferred from one institution to another.

ECTS	% of students who typically earn the following grade	Definition
A	10	Excellent -out standing performance, with minor errors only
B	25	Very Good - above average performance, with just a few errors
C	30	Good - generally sound work, with a number of errors
D	25	Satisfactory - fair, but demonstrates significant shortcomings
E	10	Sufficient - performance meets the minimum criteria
FX	...	Fail - more effort required before the credit can be awarded
F	...	Fail - considerably more effort is required

1 full academic year = 60 credits: 1 semester = 30 credits

ACADEMIC CALENDAR

• SEMESTER 1

Monday, 19 September 2022 to Friday, 3 February 2023

• SEMESTER 2

Monday, 6 February 2023 to Friday, 23 June 2023

• SCHOOL HOLIDAYS

Half-term: from Saturday, 28 October 2022 to Monday, 7 November 2022

Christmas: from Saturday, 17 December 2022 to Sunday, 3 January 2023

Half-term: Saturday, 10 February 2023 to Sunday, 20 February 2023

Spring: Saturday, 7 April 2023 to Sunday, 24 April 2023

• BANK HOLIDAYS

Tuesday, 1 November [All Saint's Day]

Friday, 11 November [Armistice Day]

Monday, 10 April [Easter Holiday]

Monday, 1 May [Labor Day]

Monday, 8 May [Armistice 1945]

Thursday, 18 May [Ascension Day]

Monday, 29 May [Whit Monday]

Friday, 14 July [National Day]

Tuesday, 15 August [Assumption]



2 | SUPPORT FOR SUCCESS





ACADEMIC SUPPORT

International students are assigned an academic advisor, whose role is to help them with academic issues: courses, schedule, exams, etc.

Academic advisors are appointed according to the student's main department (i.e. the department providing most of the student's courses). Students are invited to get in touch with their academic advisor upon arrival.



INTERNATIONAL ACADEMIC DEPARTMENT ADVISORS

- **BIOSCIENCES (BS)**

Céline COSTAZ
ri-bs@insa-lyon.fr

- **CIVIL ENGINEERING
AND URBAN PLANNING (GCU)**

Claire SILVANI
claire.silvani@insa-lyon.fr

- **ELECTRICAL ENGINEERING (GE)**

Luong Viet PHUNG
luong-viet.phung@insa-lyon.fr

- **ENERGY & ENVIRONMENTAL ENGINEERING (GEN)**

Gaëlle DUCOM
gaelle.ducom@insa-lyon.fr

- **INDUSTRIAL ENGINEERING (GI)**

Emil DUMITRESCU
emil.dumitrescu@insa-lyon.fr

- **INFORMATION TECHNOLOGY (IF)**

Omar HASAN
omar.hasan@insa-lyon.fr

- **MECHANICAL ENGINEERING (GM)**

Kerem EGE
kerem.ege@insa-lyon.fr

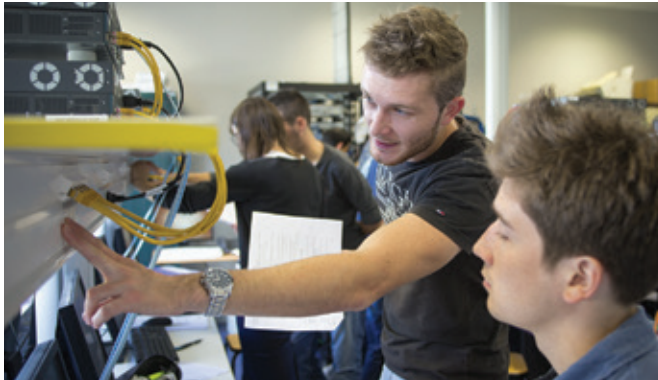
For classes taught in English :
Emmanuel MIGNOT
emmanuel.mignot@insa-lyon.fr

- **MATERIALS SCIENCE AND ENGINEERING (SGM)**

Abdelkader SOUIFI
abdelkader.souifi@insa-lyon.fr

- **TELECOMMUNICATIONS (TC)**

Oana IOVA
tc.ri@insa-lyon.fr



ADMINISTRATIVE ADVICE

The Incoming Mobility Team is here to help students tackle concerns about registration formalities, immigration issues and health security. Mobility coordinators are multilingual and appointed to students in accordance with their knowledge of the country.

INCOMING MOBILITY TEAM

INSA Lyon - Camille Claudel
8, allée du Rhône
69621 Villeurbanne CEDEX France

Incoming Student Coordinator & Assistant for Asia, North America & Oceania

Ms Magdalena CORNECI

Phone: +33 4 72 43 71 69

e-mail: welcome@insa-lyon.fr

Incoming Student Assistant for Africa, Latin America, Spain & Portugal

Ms Marta GUTIERREZ

Phone: +33 4 72 43 84 33

e-mail: welcome2@insa-lyon.fr

Incoming Student Assistant for other European countries

Ms Magdalena CORNECI

Phone: +33 4 72 43 72 07

e-mail: welcome3@insa-lyon.fr



RIGHT OF RESIDENCE IN FRANCE

VISA

Right of residence in France must be requested in the home country and then registered upon arrival in France.

> EUROPEAN UNION CITIZENS

Visas for European citizens are not required within the EU.

> NON-EUROPEAN UNION CITIZENS

There are 2 visa categories:

- short-stay visas [< or = 90 days]
- **long-stay visas [> 90 days]**

If a student is staying longer than 90 days, one of the following 3 long-term visas will be provided to him/her:

- > Visa Long Séjour Valant Titre de Séjour (VLS-T) : 3-12 month stay; the student must validate it online:
<https://administration-etrangers-en-france.interieur.gouv.fr/particuliers/#/>
- > Visa Long Séjour Temporaire (VLST): 3-6 month stay, no validation and the student cannot apply for social benefits or a work permit. He will not be able to obtain a residence permit when the visa expires.
- > Long-stay visas (VLS), such as the 'carte de séjour à solliciter': the student must apply for a residence permit via the dedicated page:
<https://administration-etrangers-en-france.interieur.gouv.fr/particuliers/#/>

The Incoming Student Coordinator helps students with the aforementioned procedures upon their arrival : titre-de-sejour@insa-lyon.fr

DOCUMENTS TO BRING TO FRANCE

> EU CITIZENS

- Valid national identity card or passport
- Birth certificate
- European Health Insurance Card (EHIC)

> NON-EU CITIZENS

- Valid passport and a long-stay visa (obtained at the Embassy or Consulate of France in home country)
- Birth certificate

**Translation: Some official documents must be translated upon arrival at INSA Lyon*

HEALTH SECURITY & INSURANCE

FRENCH SOCIAL SECURITY SYSTEM

All international INSA Lyon students should subscribe to accident and health insurance, valid upon arrival in France. The Incoming Mobility Team can provide you with the right contacts.

> EUROPEAN UNION CITIZENS

Students must have a valid European Health Insurance Card [EHIC] for the duration of their stay in France. If students do not have a valid EHIC, they will be required to subscribe to French Social Security beginning in September (start of the academic year).

➤ <https://etudiant-etranger.ameli.fr>

> NON-EUROPEAN UNION CITIZENS

Students arriving before September must take out private insurance (Pack SMERRA, LMDE, etc.) at their own expense. This insurance must cover the period from their arrival in France until September. From then on, they will have to subscribe the French Social Security System through

➤ <https://etudiant-etranger.ameli.fr>

Canadian students (Quebec) in possession of the SE 401 Q106 form must ask our Incoming Mobility Team how to register for French Social Security.

CONTRIBUTION TO THE CROUS (CVEC)

A contribution to the CROUS is mandatory for permanent students and must be paid online at:

➤ <https://www.messervices.etudiant.gouv.fr/envole/>

This requirement **does not apply to exchange and double-degree students**. Find out more about the CVEC and the students concerned at:

➤ <http://cvec-info.nuonet.fr/la-cvec.html>



OTHER TYPES OF MANDATORY INSURANCE

SUMMER SCHOOL

Students attending a summer school must take out private insurance (health, accident and liability) at their own expense. This insurance must cover the period from their arrival in France until the beginning of the school year. We recommend that students take out insurance on arrival for 3 months as it may take some time to register for the French Social Security.

HOUSING

Students residing on the INSA Lyon campus or in town (private landlord) must subscribe to:

- rental liability insurance
- **civil liability insurance which is also compulsory for your INSA registration.** A copy of your certificate must be provided to the Incoming Mobility team.

Students may subscribe to both insurance types separately or as part of a package [SMERRA, LMDE, private insurers, banks etc.]

3 | CAMPUS LIFE



STUDENTS ASSOCIATIONS AND HIGHLIGHTS



INSA LYON OPENS ITS DOORS TO 6 SUMMER SCHOOLS

which host about 350 international students each year.

Summer Schools are great for meeting and bonding with fellow students, improving French language skills, getting prepared for studies at INSA Lyon and earning 4 ECTS before the semester even starts!



SCHOOL TERM STARTS

WELCOME CEREMONY FOR INTERNATIONAL STUDENTS

coming for semester 1 and the entire academic year

OPEN HOUSE

INSA Lyon opens its doors so that students can discover its campus and wide range of courses while getting a sense of what it's like to live and study at INSA Lyon.

<https://www.insa-lyon.fr/fr/evenement/journee-portes-ouvertes>

WELCOME CEREMONY FOR INTERNATIONAL STUDENTS

coming for semester 2 and civil year



AUGUST

From Mid-August to Mid-September (exchange and double-degree students)

From early August to early September (AMERINSA, ASINSA, EURINSA, SCAN)



SEPTEMBER

19 September 2022

INTEGRATION WEEKEND

A not-to-be-missed weekend organised in the South of France for freshmen students to meet their peers.

<https://www.facebook.com/weinsalyon/>

FORUM OF ASSOCIATIONS

The best way to get a complete overview of INSA's 130 associations and find out which ones are of interest to you.



OCTOBER



JANUARY

FRENCH WINTER SCHOOL

10-day programme with French lessons and social activities, before the start of the semester 2.



FEBRUARY

3 February 2023

END OF SEMESTER 1 AND START OF SEMESTER 2



KARNAVAL HUMANITAIRE

This annual week-long event, mixing entertainment and solidarity, began in 1992. The Karnaval Association aims to raise student awareness about international solidarity by taking part in African projects and efforts. www.karnaval.fr



LE CROSS DE L'INSA

INSA Lyon's fun and emblematic race is open to all students in Lyon and the surrounding areas.

<https://www.facebook.com/crossdelinsa/>

RAID INSA LYON ORANGE

A long-distance trek combining biking, hiking, climbing and orienteering, this event has remained very popular since its launch 10 years ago. And now, it is also open to athletes with disabilities.



STUDENT BALL

The end of year ball is an essential part of the INSA experience. You are guaranteed to have a memorable night! Non-INSA students are welcome.

END OF ACADEMIC YEAR



MARCH

GRADUATION CEREMONY

An intense and symbolic moment for all members of the INSA community who are invited to this festive evening. Come hear the President's congratulatory speech, enjoy diverse entertainment, and celebrate INSA student achievements. <http://gala.bde-insa-lyon.fr/>



APRIL



MAY

24H DE L'INSA

Originally a cycling race, this event is now the biggest student festival in France with multidisciplinary races, electro concerts and fun activities. <https://www.24heures.org/>



JUNE

23 June 2023



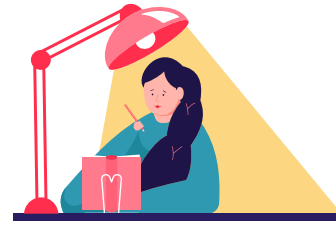
More events on: <https://www.insa-lyon.fr/en/main-events>
The directory of associations can be found at the Student Union.

ACCOMMODATION

There are 11 student residences for those wishing to live on campus.

More information about residences on:

📄 <https://www.insa-lyon.fr/en/life-campus> - <https://www.insa-lyon.fr/en/residences>



All residences are equipped with bed, desk, chair, closet, bathroom and small kitchen. Sheets and blankets are provided upon request. Launderettes are available both on the INSA campus (managed by the Students' Office) and off. All leases end by June 30th. Students who come only for the 1st semester must give notice of their departure from the residences one month before their move. Otherwise they will be charged for one month from the day they confirmed the departure date.

	Types	2021-2022 prices per month and per student
T1	1 single room	from €368 to €469
T1 bis 1	2 single rooms	from €376 to €466
T1 bis2	1 double room	from €340 to €342
T1 bis3	1 single room 1 double room	from €346.50 to €372 from €310.50 to €341

Please note that INSA collects direct housing financial assistance (www.caf.fr) for residents that benefit from it. This amount is deducted from their rent.

Important note

All incoming students must pay a €45 administrative fee and a €300 deposit along with the first month's rent. This deposit is refunded after departure (within 2 months).



Please keep your French bank account open for 3 months following your departure or give your home country bank account details to the accounting department. Note that bank fees will be taken from your deposit if the latter is refunded to your home country bank account. Civil liability housing insurance is mandatory and can be purchased from either insurance companies or banks.

You must email your certificate of insurance to the Accommodations Office within 15 days of signing the lease. Any damages assessed in common areas will be borne by the person responsible. The tenant is expected to carry out household duties. Accommodation charges also include heating, electricity, water, furniture, taxes, garbage removal, and the use of common premises.

INSA Lyon - Résidence J 11, allée du Rhône - 69621 Villeurbanne cedex

📄 residences@insa-lyon.fr
+33 (0)4 72 43 79 68 / 79 61 / 88 91



Student “twinning”


Catering and accommodation costs (except the €300 housing deposit) are covered by INSA Lyon for ISEP network (USA) students, due to ‘twinning’ agreements. For further information, please contact the Incoming Mobility Team. Indian students under «twinning» agreement benefit only from the coverage of the accommodation by INSA. However, the €300 housing deposit and catering (if subscribed) remain at their expense. Charpak scholarship holders do not benefit from accommodation cover.

HOUSING RULES

Life on campus depends on residents’ behaviour. Students are expected to respect sanitary rules, local and regional authority decrees and residence rules regarding safety or day-to-day life. These rules are given to students when they arrive and are displayed in each residence. Non-adherence to these rules may result in eviction from the residence. INSA Lyon is the guarantor of campus accommodations.

PRIVATE RENTAL AGREEMENTS

Students who choose to live off campus can contact estate agents for flat/room rentals or get in touch with the CROUS (Regional Centre for School and University Services). CROUS is an organisation that oversees 6,500 flats in student residences and approximately 1,500 rooms in private homes. These accommodations are subsidised reserved first and foremost for needy students. To benefit from this service, students must contact the CROUS directly.

 **CROUS: +33 (0)4 72 80 17 70**
www.crous-lyon.fr

> N.B. Estate agents usually require a French resident to stand surety before arranging a lease.

MEALS

With respect to daily meals, the on-campus population has a choice of restaurants. The latter are of good quality and reasonably priced (INSA Lyon students receive special rates). INSA Lyon restaurants are focused on high standards and sustainable development. They are committed to responsible procurement and waste reduction.



	Breakfast	Lunch	Afternoon	Dinner
Le RI Self-service (900 seats)	/	11.30am 1.30pm	/	6pm 8pm
Le Prévert Sandwichs (120 seats)	7am-8.30am	11.30am 1.30pm	2pm 5pm	6pm 8.30pm
Le Grillon Grill (230 seats)	/	11.45am 1.30pm	/	/
L'Olivier Italian meals (220 seats)	/	11.45am 1.30pm	/	/
Point A [at the bottom of residence A]	6.50am- 7.50am	/	/	/

2021-2022 MEAL RATES

Mandatory meal plans for 1st and 2nd year students living on campus. Optional for students living off campus.

Meal plan 7/7	5 breakfasts +13 lunches/dinners per week, from Monday to Sunday	amount per week: €53.63
Meal plan 5/7	5 breakfasts + 10 lunches/dinners per week from Monday to Friday [during school terms]	amount per week: €49.10
Meal plan 5/7 « liberté »	5 breakfasts + 10 lunches/dinners per week from Monday to Sunday [during school terms and holidays]	amount per week: €51.80

Meal plan for 3rd to 5th year students living on campus and 1st to 5th year students living off campus

Meal plan 15	15 lunches or dinners per month	amount per month : €63.75
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Individual meals

Individual meals for 3 rd to 5 th year students living on campus, 1 st to 5 th year students living off campus, and PhD students not paid by INSA Lyon.	€4.45 / €2.25 for breakfast
Individual meal for a non-INSA Lyon students	€4.60 / €2.40 for breakfast
Meal for a guest on a student card	€5.40 / €2.75 for breakfast

<https://www.insa-lyon.fr/en/catering>

Students staying on campus are not obliged to take out a meal plan. If they do so and then change their mind, the change will only be taken into account at the beginning of the following term.



Galilée Building
6/8 avenue Jean Capelle
69 621 Villeurbanne CEDEX
France

✉ accrest@insa-lyon.fr
+ 33 (0)4 72 43 61 84

✉ <https://www.insa-lyon.fr/en/catering>
+33 (0)4 72 43 81 32



EXTRACURRICULAR ACTIVITIES

In addition to their studies, students will benefit from excellent cultural activities and athletic facilities. INSA Lyon is strongly committed to student development and encourages the student body to actively take part in community life on campus. Not only is it a good way to make friends, it also encourages softskills such as leadership and project management.

STUDENT UNION AND STUDENT ASSOCIATIONS

INSA Lyon's Student Union [BDE] has been a major actor in the school's life for over 30 years. With more than 200 volunteers and nearly 3,000 members, it is one of the largest Student Unions in France.

By assisting and bringing together 110 student associations, the Student Union promotes an active campus social life. It also works to provide services for its members [photocopiers, laundry facilities, cooking appliances, etc.] and special rates to shows, parties, outings, etc. Students must pay a contribution to the Student Union to become a member and benefit from its services.

bde.insa-lyon.org

MARIE CURIE LIBRARY

Available collections:

- 80,000 books and 20,000 e-books
- 360 subscriptions to printed reports
- 5,900 subscriptions to online reviews
- 24 specialised databases: press, scientific, French and English encyclopedias
- Course supports [printed and scanned]

[+33 \(0\)4 72 43 61 87](tel:+33472436187)
<http://scd.docinsa.insa-lyon.fr/>

OPERATING HOURS

- During term time:
Monday to Friday: 9 a.m. to 10 p.m.
Saturday: 9 a.m. to 5 p.m.
- During school holidays:
Monday to Friday: 1 p.m. to 7 p.m. /
Saturday: 9 a.m. to 12 a.m.

> USEFUL INFORMATION:

- The RI is the sole restaurant open on Saturdays [for lunch] and Sundays [for lunch and dinner].
- Thélème's Sandwicherie also offers breakfast and sandwiches [no meal plans included - payment by cash or credit card]
- A monthly package is especially designed for students attending INSA Lyon for only part of the year.
- Billing takes place each month.



ARTS AND CULTURE

Founded in 1991, the Cultural Service is the meeting point for various INSA initiatives linked to culture: Humanities Centre, art studies sections, student cultural clubs.

It promotes INSA Lyon's cultural life by offering various events, open to all, throughout the year [contemporary art exhibitions, lectures, 'Humas Mondays', etc.]. In addition, the 'Rendez-Vous Culturels' event promotes the school's cultural life. It is open to the public several times a year.

<http://rotonde-asso-insa.kazeo.com>
+ 33(0)4 72 43 85 67



SPORTS

The INSA Lyon Sports Center ensures the following missions:

- Providing students with sports classes: marks for sport are included in the student's general assessment.
 - Organising sports activities at the recreational and competitive levels.
 - Supporting students in the High Level Sports Section
 - Coordinating research for athletic equipment
- Thanks to our students' excellent achievements, INSA Lyon ranks amongst the best French universities: some students even qualify for the Olympic Games!

The High Level Sports Section was established in 1981 and enables high performing sportsmen and women to combine their INSA engineering studies with their athletic careers.

Sports marks are not mandatory. Exchange students:

- Can join teams representing INSA Lyon during university sporting events (if selected)
- Can join the different sports clubs managed by Student Council [the Athletic Department does not organise individual sports].

Note: In order to participate in sporting events organised by the Athletic Association, students are required to submit a medical certificate stating that there are no contraindications to their practice of a competitive sport. This certificate must be issued by a French doctor or validated by the French Embassy in your country.

[+33 \[0\]4 72 43 81 38](tel:+330472438138) or [85 98](tel:+330472438598)
sports@insa-lyon.fr
<https://www.insa-lyon.fr/en/sporting-life>

WELLNESS SERVICE

This service welcomes students throughout the year to listen to them, advise them and help them resolve personal problems.

➤ +33 (0)4 72 43 83 01
service.social-etudiants@insa-lyon.fr

DISABILITY ADVICE

To promote everyone's success, the Student Disability Unit assists disabled students so that they succeed and are able to graduate at the same rate as our non-disabled engineering students. The Student Disability Unit provides help and support in coordination with other INSA departments: educational assistance (including exam prep), technical help, accessibility, etc.

➤ + 33 (0)4 72 43 74 50
cellule.handicap-etudiants@insa-lyon.fr

COUNSELLING AND MENTAL HEALTH

Thanks to CAP ('Conseil Accompagnement Personnalisé'), students have access to psychologists throughout their studies at INSA Lyon.

➤ + 33 (0)4 72 43 74 50 - service.cap@insa-lyon.fr

HEALTH



The preventive medicine service has 3 nurses, 1 prevention doctor, 1 psychiatrist and 1 secretary to provide student healthcare, guide students and listen to them while strictly adhering to medical confidentiality. It is a walk-in office and is open from 7.30 a.m. to 6 p.m. [except during school holidays].

➤ +33 (0)4 72 43 81 10 (nurses)
+33(0)4 72 43 79 98 (secretary)
smpe@insa-lyon.fr
building Camille Claudel
RDC - 8, allée du Rhône - 69621 Villeurbanne

DELIVERY SERVICE

This service sorts, delivers and stamps the mail. Mail is posted daily at 3.30 p.m. The delivery service manages the mail of students living on campus:

- Mail is delivered daily in each residence
- Registered mail: students who receive registered mail are informed by email. This mail may be collected at the delivery service by presenting your student card.

WIFI NETWORK

How to connect to Internet in INSA residences
2 ways :

- Free connection with a student INSA account
- Paid connection with a private operator chosen by the student. You can take out a subscription with Quantic Telecom which offers 2 subscriptions :
 - > an annual rate of €10/month, i.e. €120/year
 - > a monthly rate at 15€/month.

In addition to the subscription, students can order :

- a RJ-45 Ethernet cable: €5.
- a QuanticBox : €30€.

These materials can be purchased at the Student's House (Student Union)

How to access the campus WIFI

Eduroam (education roaming) is a secure, world-wide roaming access service developed for the international research and education community. To download your eduroam installer on your device, go to: <http://cat.eduroam.org>

Your device will then identify a valid eduroam access point and log-in automatically. Your password for your online identity is provided to you by your 'home' institution (i.e. where you are enrolled as a student).

OPERATING HOURS

- Monday and Friday:
10 a.m.-4.30 p.m.
- Tuesday, Wednesday,
Thursday: 10 a.m.-11.45 a.m.
and 1.30 p.m.-4.30 p.m.
Closed on week-ends



INKK - INSA Lyon is a smartphone application used for gathering student tools (calendar, e-mail, notes, services, etc.). It is available on Android and iOS.

4 | THE CITY OF LYON





CLIMATE

Lyon has a continental climate, with hot summers [25° to 30°C on average] and rarely harsh winters [5° to -2°C on average] with snowfall. Rain occurs mainly in the autumn and spring.

LYON, BEST STUDENT CITY

The city of Lyon is the second largest in France, the metropolis counts 1.3 million inhabitants and more than 130,000 students. Located at the heart of Europe, Lyon is steeped in history and culture. It has a rich industrial network, which includes many global companies. Its international scope and exceptional cultural environment have made it a powerful centre of communication.

Paris, Geneva and Marseille are only two hours away from Lyon by train, and many international high speed trains (TGV) stop in Lyon City Centre daily.

Lyon is the gateway to Europe and also a great university center which attracts numerous students every year.

The Université de Lyon Group (UdL) brings together 11 higher education institutions and 1 research organisation. INSA Lyon is one of the founding members of the Université de Lyon. This union represents 140,000 students, 20,000 of which are international.

<https://www.lyon.fr/>
<https://www.universite-lyon.fr/>



URBAN PUBLIC TRANSPORT

PUBLIC TRANSPORT IN LYON (TCL)

The city has an excellent public transport network (funicular, metro, tramway, bus, etc.). It operates from 5 a.m. to midnight every day. The 'Pleine Lune' bus lines run between campuses and the town centre on Thursdays, Fridays and Saturdays. One ticket is valid for all transport types (bus, tramway or metro) for a one-hour travel period. The price of a ticket is €1.90 and tickets may be purchased at any tramway station.

'Tecely' travel cards are available at TCL offices (the nearest one: Part-Dieu, Metro B) or online. You will need your student card, identity card, one photo and €5. You can also purchase tickets via the TCL app, or pay contactless with your credit card directly on board.

A reduced rate for students under 27 years of age: €25/month. Book of 10 tickets: €15.40.

The campus is located on the tramway lines T1 and T4. There are 3 stations on campus: 'La Doua-Gaston Berger', 'INSA-Einstein' and 'Croix-Luizet'.
Timetables

➤ *Timetables and bus guides are available in the TCL offices or on www.tcl.fr*



BICYCLE RENTALS: VELO'V

Vélo'v is a bike service that is both simple and practical. To rent a bike, simply create an account on the official Vélo'v mobile app or the Vélo'v website.

The Vélo'v must be returned to a free dock at one of the 348 stations.

You can find them all over Lyon and Villeurbanne.



Single ride:

first 30 minutes free, €1.80 for a single ride ticket then payment per additional minute

➤ <https://velov.grandlyon.com>



CURRENCY AND BANKS

By choosing INSA Lyon, students will discover much about France. As the country's 2nd largest city, Lyon has a rich historical and cultural heritage.

LYON'S HISTORICAL BACKGROUND

Two thousand years of history have given the city a rich heritage. Between the Rhône and the Saône rivers, from one hill to another, Lyon will delight you with its treasures dating back to the Gallo-Roman period, Medieval times and the Renaissance.

In 1988, the historic site of Lyon was classified a UNESCO World Heritage Site. The Fourvière hill provides magnificent panoramic views of the city. The Presqu'île is home to one of the largest squares in Europe, Place Bellecour, and further on down are other famous squares such as the Place des Célestins. You can visit the Opéra and the Hôtel de Ville at the Place des Terreaux. Along the Rhone River, the 'Rhône River Banks', a 10-hectare urban park, has restaurants and nice places to stroll or rest.

The Parc de la Tête d'Or, the city's biggest park with a green area and zoo, is located just a few minutes walk from the campus. Inventors of the cinema, the brothers Auguste and Louis Lumière (end of XIX century) were from Lyon and there is a museum in their honor named the Musée de l'Institut Lumière. Finally, for those who like winter or water sports, the nearest ski slopes are 150 km from Lyon and the Mediterranean Sea [French Riviera] is only a 2-hour train ride away.





EUROPEAN CAPITAL OF SMART TOURISM



Smart tourism responds to new challenges and demands in a fast-changing sector, including the evolution of digital tools, products and services; equal opportunity and access for all visitors; sustainable development of the local area; and support for creative industries, local talent and heritage.

Lyon was recognized in 2019 by the EU as a Capital of Smart Tourism, as the city performed particularly well in various areas.



Visitors with disabilities and reduced mobility can move around the city with complete autonomy, taking advantage of a fully adapted transport network and smart signage. Lyon's museums offer adapted tours – those with hearing impairments are allowed to touch works of art – and many restaurants provide speaking menus.



40,000 visitors to the city experienced the benefits of the Lyon City Card, which provides users with free public transport, entrance to 23 museums and other attractions, discounts and more.



Lyon-Saint-Exupery is one of 25 airports in just nine countries to be classed as carbon neutral, and sustainable development is one of the city's main priorities. An example of this is the 'Lyon, Ville Equitable et Durable' label which identifies companies, shops, producers and events encouraging responsible consumption. Meanwhile, artists taking part in the Festival of Lights are rewarded for using a sustainable approach when creating their installations. Lyon's Festival of Lights consumes as much energy as a 120 m² flat and attracts 1.8 million visitors per year.

Food is an important part of life in Lyon, and the city's culinary heritage has been used to create a TV film, a web series and a website dedicated to the mysterious Chef Factory culinary school, whose alumni and former teachers include Paul Bocuse and Eugenie Brazier. If you're visiting Lyon to taste its gastronomic delights, look for the 'Bouchons Lyonnais' quality label – 100,000 Chef Factory wooden spoons have been handed out in 10 cities around the world. This mark guarantees that restaurateurs follow strict traditions, serving local dishes in a convivial atmosphere.



Once you've eaten, you can walk off lunch by meandering through the Traboules (historic secret passages dotted around the city), or check out the UNESCO-listed Painted Murals. Both experiences can be enhanced using augmented reality apps.



 **For more information about Lyon city:**
<https://www.lyon.fr/>
<https://www.lyon-france.com/>
<https://www.auvergnhonealpes.fr/>



PRACTICAL GUIDE

As in most European Union countries, the currency in France is the Euro (€), divided into euro cents. You can open a bank account in any bank branch in Lyon. In most cases, it is very easy to open a non-residential account: a passport and proof of a fixed address in France are required. You can also open a bank account via online banks such as Revolut or N26. It is instantaneous and enables you to transfer funds without paying additional fees. The INSA Lyon Accommodations Office provides a residence certificate to students living on campus. We recommend having a Visa or a Mastercard to make purchases in France.



MAIL

To send mail, stamps can be purchased in post offices and in tobacconist's shops. A letter sent to France from abroad must include the following items: the name of the institution or person, the building, the street number, the street name, the postal code and the country.

*[e.g.: INSA Lyon
Service de la scolarité
Bât. Camille Claudel
8, allée du Rhône
69621 Villeurbanne cedex - France]*

SHOPPING

Lyon has numerous retail shops throughout the city. Most are open Monday through Saturday [from 10 a.m. to 7 p.m.] and closed on Sunday. The large supermarkets [Carrefour, Auchan, Leclerc, etc.] are generally open from Monday through Saturday [from 9 a.m. to 10 p.m.]. The «La Part-Dieu» shopping centre is open from 9.30 a.m. to 8 p.m. [closed on Sunday]. All neighbourhoods have open-air markets 7 days a week [Croix Luizet, Place Wilson, Gratte-Ciel, etc].



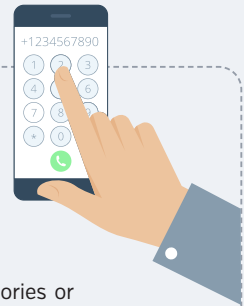
PHONE

In France, telephone numbers are composed of 10 digits.

In order to phone the overseas territories or abroad, dial 00, then the country code, then the town code and then the local number. You will find the various code numbers in all phone directories.

Here are a few mobile operators:

www.sfr.fr
www.orange.fr
www.bouyguestelecom.fr
www.free.fr



APPROXIMATE COST OF LIVING

Daily life

Student monthly subscription for transport
- €30

INSA residence - €200-500

Studio in Lyon - €480-700

Flatshare in Lyon - €370-550

Internet - €20*

Phone - €20*

*Depending on the operator

Groceries €50 per week

Leisure

Cinema - €8

Restaurant - €8-25

Museums [12-25 years of age] - €4-15



5 | TRANSPORTATION TO INSA LYON



ARRIVING TO LYON

> BY AIR

Lyon has an international airport, Lyon Saint-Exupéry, with flights to many capitals and cities in Europe.

The regular shuttle service, 'Rhônexpress', runs every 15 minutes from the airport to the city centre [Part-Dieu Railway station], and the journey takes 30 minutes. It costs between €15-30 (depending on age). Taxi fare from the airport to the city centre or to INSA Lyon is about €50.

> BY TRAIN

Lyon has two main railway stations - Lyon Part-Dieu and Lyon Perrache, connected to several cities in Europe.

By train, Paris Charles de Gaulle Airport is only 2 hours away from the Lyon Part-Dieu Railway station (in the city centre).

Regular departures (at least every 2 hours).

Trip times by train:

- To Paris, Marseille or Geneva: 2 hours
- To London by Eurostar, Stuttgart: 5 hours 30 minutes
- To Frankfurt, Milano or Barcelona: 6 hours

➔ <https://www.rhonexpress.fr/>
<https://www.lyonaeroports.com/>
<https://www.oui.sncf/>
www.tcl.fr/en



ARRIVING TO INSA LYON

> FROM PART-DIEU OR PERRACHE RAILWAY STATIONS
Buy a TCL ticket for €1,90.

Catch tram T1 to 'IUT-Feyssine' and get off at 'INSA EINSTEIN'.



6 | HELPFUL LINKS

> CONSULATES

List of all consulates in Lyon available at www.consulats-lyon.fr/pages/liste/liste-des-consulats-a-lyon.html

> ASSOCIATION LYON INTERNATIONAL

7, rue Major Martin - 69001 Lyon
Phone: +33 (0)4 78 30 59 37

This association is formed by families from Lyon who are willing to welcome foreign visitors for lunch or dinner.

> JEUNES AMBASSADEURS PROGRAMME

This association helps international students become familiar with the rich cultural environment of Lyon and meet major institutional and business leaders. Foreign students from top colleges and universities are put in contact with companies and can participate in a wide range of activities for free. They become members of the JA4 Ever World-Wide Network.

www.jeunes-ambassadeurs.com

> TOURIST OFFICE

Place Bellecour - 69002 Lyon
Phone: +33 (0)4 72 77 69 69
www.lyon-france.com

> BANKS

- LCL Crédit Lyonnais:
128 bd du 11 novembre 1918,
Villeurbanne *Phone: +33 (0)820 824 905*
- Caisse d'Épargne: Agence Croix Luizet
171 av. Roger Salengro, Villeurbanne
Phone: +33 (0)4 78 89 86 16
- BNP Paribas
Villeurbanne Place Wilson
Phone: +33 (0)4 37 47 24 40

> VILLEURBANNE POLICE STATION

225, cours Emile Zola, Villeurbanne -
Phone: +33 (0)4 72 69 10 60

> PHARMACY

- Condorcet Pharmacy: 15, av. Condorcet, Villeurbanne
Phone: +33 (0)4 78 89 67 05
- Pharmacy Croix-Luizet (7/7) : 151 avenue Roger Salengro 69100 Villeurbanne
- Pharmacy Villegas : 166, av. Roger Salengro, Villeurbanne
Phone: +33 (0)4 78 93 51 40

> CROIX LUIZET POST OFFICE

160, av. Roger Salengro, Villeurbanne
Phone: +33 (0)4 72 69 57 40

> CARREFOUR MARKET (SUPERMARKET)

61, av. Roger Salengro - Villeurbanne

> PETIT CASINO SUPERMARKET

11, av. Condorcet 69100 Villeurbanne

> YOUTH HOSTEL

41, montée du Chemin Neuf
69005 Lyon
Phone: +33 (0)78 15 05 50
51, rue Roger Salengro
69200 Vénissieux
Phone: +33 (0)4 78 76 39 23
www.fuaj.org

> IBIS HOTEL

3, rue du 8 mai 1945 - 69100
Villeurbanne
Phone: +33 (0)8 98 68 09 41
etaphotel.com

7 | EMERGENCY NUMBERS

> FRENCH EMERGENCY NUMBERS

Medical emergency (SAMU): **112 or 15**

Firefighters: **18**

Police: **17**

Evenings, weekends and bank holidays: out-of-hours service at
+33 (0)4 72 33 00 33.

You will be directed to the closest out-of-hours facility.

> SOS MÉDECINS 24 HOUR SERVICE

3624 (0.12€/min.)

> PSYCHOLOGICAL EMERGENCY

+33 (0)4 72 11 00 40

Hôpital Edouard Herriot - Pavillon N

5 place Arsonval, 69003 LYON

Metro D: Grange Blanche

> INSA PREVENTIVE MEDICINE

open Monday through Friday from 7.30 am to 6 pm

+33 (0)4 72 43 81 10 - smpe@insa-lyon.fr

8, allée du Rhône - 69621 Villeurbanne

Camille Claudel building, ground floor

> INSA SECURITY STAFF, trained as volunteer firefighters:

+33 (0)4 72 43 85 85

> NEAREST MEDICAL CLINIC TO INSA LYON

Médipôle open 24 hours a day

+33 (0)4 87 65 00 00

158 rue Léon Blum - 69100 Villeurbanne

> NEAREST HOSPITAL

Hôpital Edouard Herriot

0 825 08 25 69 (0.15 €/min + call charge)

5 Place d'Arsonval - 69003 Lyon

Direct bus from INSA: C26 (30 min ride)

7 | MAP OF THE INSA LYON CAMPUS



- 1 International Relations Office
- 2 Registrar's Office & Social Worker's Office
- 3 Residence Dept.
- 4 « Humanités » FLE
- 5 Student Centre
- 6 Athletic Centre
- 7 Library
- 8 Restaurants
- 9 Linen room to collect sheets
- 10 Delivery Service - Accounting Agency



**INTERNATIONAL
RELATIONS OFFICE**

Building Perriand
17, avenue des Arts
69621 Villeurbanne CEDEX - France

Tél: + 33 [0]4 72 43 83 91
E-mail: dri@insa-lyon.fr

INCOMING MOBILITY TEAM

Building Camille Claudel
8 allée du Rhône
69621 Villeurbanne CEDEX

Tél: + 33 [0]4 72 43 71 69
E-mail: welcome@insa-lyon.fr

www.insa-lyon.en

INSA | INSTITUT NATIONAL
DES SCIENCES
APPLIQUÉES
LYON

La Région 
Auvergne-Rhône-Alpes

UNIVERSITÉ
DE LYON

member of 